

Resetting Your UVA Password

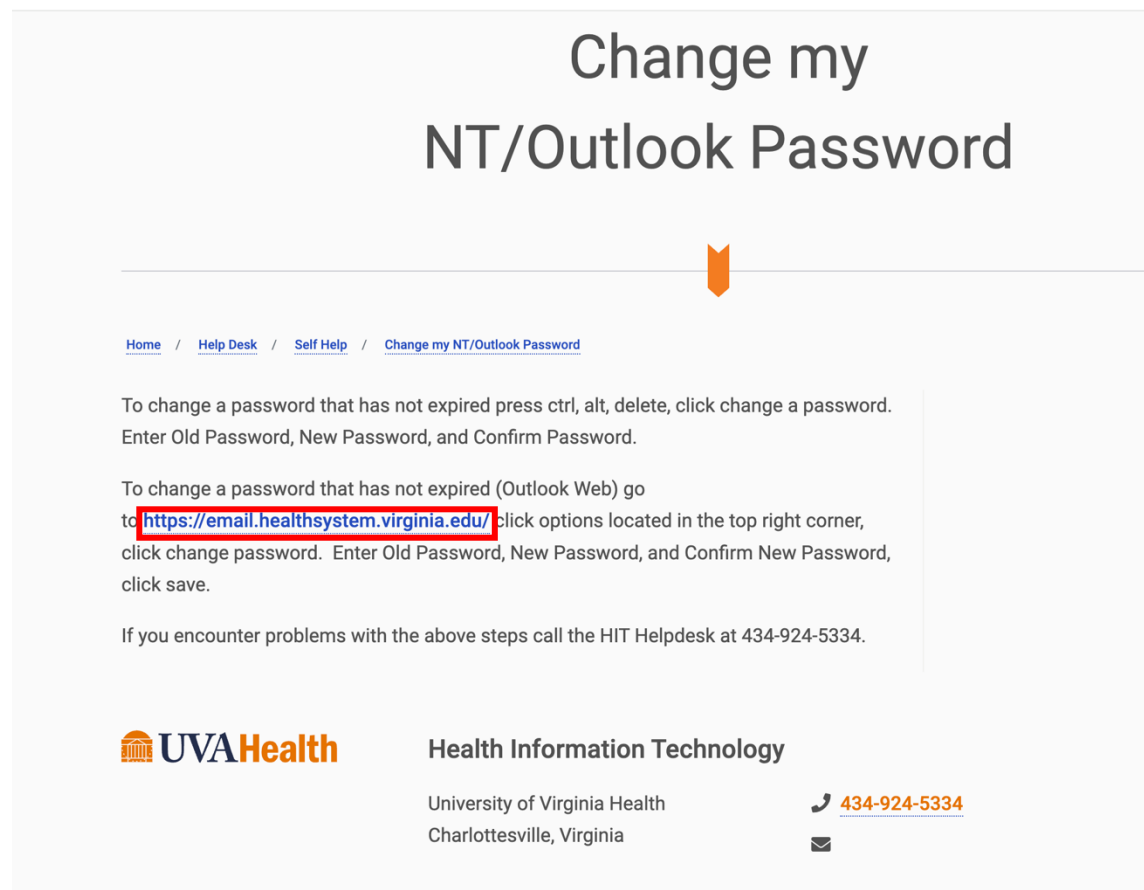
Your UVA username and password are used to login to REDCap, the study database.

Your UVA password will need to be reset every 60 days.

You'll receive notice 5 days prior to expiration when you sign in to REDCap or your UVA email account.

Call the HIT Help Desk at (434) 924-5334 with questions.

You can also visit the UVA HIT website as shown below or go to [here](#)




Change my NT/Outlook Password

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To change a password that has not expired press ctrl, alt, delete, click change a password. Enter Old Password, New Password, and Confirm Password.

To change a password that has not expired (Outlook Web) go to <https://email.healthsystem.virginia.edu/> click options located in the top right corner, click change password. Enter Old Password, New Password, and Confirm New Password, click save.

If you encounter problems with the above steps call the HIT Helpdesk at 434-924-5334.

 **UVA Health** Health Information Technology

University of Virginia Health
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 [434-924-5334](tel:434-924-5334)


Or go here for more info <https://hit.healthsystem.virginia.edu/policies-procedures/standards/user-access-management/password-management/>